

## TREATMENTS

### DEEP HEALING WITH LASER

**Fraxel Re:pair** "This is the most effective laser procedure available today for targeting both superficial and deep ageing and sun damage, lines and pigmentation in one treatment," says Sydney cosmetic dermatologist Dr Mei-Heng Tan. "It uses revolutionary fractionally ablative technology, so healing time is much faster, with results comparable to or better than old fully ablative lasers." Points of light precisely treat thousands of microscopic areas of the skin, leaving surrounding tissue intact. It penetrates deep within the dermis to remove old, damaged cells, stimulate the body's natural healing mechanisms and promote a firmer and more youthful-looking skin.

It can be used on the face, neck, chest and even hands, in a procedure performed in the doctor's surgery. A topical anaesthetic is applied, although in some cases doctors may recommend an anaesthetic injection or even twilight anaesthesia. Improved texture and skin tightening can be seen immediately, but the collagen regrowth takes two to three months to develop and can continue for up to six months after the procedure. Prices vary, depending on your treatment program, the clinic and your needs, but expect to pay from \$500 to \$5000.

BEFORE



AFTER



## PRODUCTS THAT HELP SUN DAMAGE



**Clinique Repairwear Laser Focus Wrinkle & UV Damage Corrector, 30ml, \$98**

Wipe out UV damage with this super-serum that promises you'll get laser-like results with three drops twice a day for 12 weeks.



**Biotherm White D-Tox (Bright Cell) 2-in-1 Mask, 75ml, \$99**

Fight dark spots and marks with a mask that exfoliates the skin first with black beads, then tightens pores and purifies the face with its soft texture.



**Olay Definity Tone Correcting Anti-Ageing Lotion, 50ml, \$39.99**

The super-ingredient glucosamine helps brighten and smooth dull complexions, and evens out brown spots. SPF 15 makes it good for day use.



**EmerginC D-Red Daytime Emulsion, 30ml, \$119**

Reddened, sensitive skin will be calmed by this emulsion containing chamomile and aloe to help relieve broken capillaries and red cheeks.